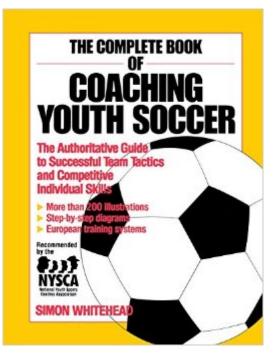
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# The Complete Book Of Coaching Youth Soccer





## Synopsis

This is the definitive manual for coaching America's fastest-growing sport for kids aged 8-19. Written for both beginning and seasoned coaches, The Complete Book of Coaching Youth Soccer shows you--in concise, easy-to-understand terms--how to organize, motivate, and lead your youth soccer team to success on the field. Included are: Step-by-step teaching points Rules and strategies of the game More than 100 illustrative diagrams More than 75 practice and competitive drills Complete 10-week season plans for each of three separate age groups Designed for easy, on-the-field reference, author Simon Whitehead's proven practice drills are designed progressively to develop maximum skills for both individual and team play. Simon Whitehead lives in Minneapolis and has coached high school and college soccer in England and in the United States for more than ten years. Using proven European teaching methods, he shows the soccer coach how to maximize each young player's enthusiasm, involvement, and personal success in soccer.

### **Book Information**

Series: The Authoritative Guide to Successful ... Paperback: 144 pages Publisher: McGraw-Hill Education; 1 edition (April 22, 1991) Language: English ISBN-10: 0809240726 ISBN-13: 978-0809240722 Product Dimensions: 8.3 × 0.3 × 10.7 inches Shipping Weight: 5.6 ounces (View shipping rates and policies) Average Customer Review: 4.0 out of 5 stars Â See all reviews (9 customer reviews) Best Sellers Rank: #160,119 in Books (See Top 100 in Books) #19 in Books > Sports & Outdoors > Coaching > Children's Sports #45 in Books > Sports & Outdoors > Coaching > Soccer #163 in Books > Sports & Outdoors > Soccer

#### **Customer Reviews**

This is an okay book for beginner and intermediate level youth soccer coaching. There are twomain problems with this book. One is that the illustrations are extremely crude, often reduced toliterally stick figures. The other problem is that, having collected several other youth soccer coaching books and videos, I'm not sure that I actually learned anything new from this book, and so in retrospect, I don't think I would have gotten this book. For beginner coaches learning how to coach very young kids (i.e., ages 4-8), Karl Dewazien's "FUNdamental Soccer" is a better book in terms of the

illustrations, and in its emphasis on how to handle these very young children. For a more detailed explanation of tactics and intermediate to advanced skills for older children (ages 8+), Alan Hargreaves' book "Skills and Strategies for Coaching Soccer" treats essentially the same topics in a much more thorough fashion. For teaching soccer dribbling "moves", Wiel Coerver's "SCORE!" is the ultimate book (although, as I noted in my review of that book, the companion videos, viewed in slow motion, are more useful). However, if you haven't gotten any soccer coaching books yet, and are looking for your first ever youth soccer coaching book for slightly older kids (ages 8+), this book might be useful. It does have a cookbook set of week-by-week soccer drills that will get you through your first soccer season, if you don't want to have to think too hard about what it is that you're going to have to do.

I purchased about 5 books on coaching soccer, particularly youth soccer (13 and under). This was by far the best of the lot, most covered only rules and strategy and not teaching basic skills. This is the first coaches book I found that actually explained how to kick a ball! It does a great job in explaining how to teach the basic skills, which is what most of the young players need. The drills were helpful and made a definite improvement in the play of the team.

This book is extremely elementary to say the least. If you have any inclination about soccer or have ever played the game you are well ahead of this book. I forced myself to read it cover to cover hoping to find a small nugget or two to take away and was very disappointed. The diagrams are too simple and stick figures are used to represent players. My 9 year old son could put something better together than this. My suggestion is to save your money!

Never sure what the rules or what to do to help a young player get better? This book will help both of you.

Good instructional book for new coaches. Not too complicated but combinning the theory with the praxis which is essential for coaching

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Soccer: The Ultimate Guide to Mastering Soccer for Life! (soccer tips, soccer coaching, soccer drills, soccer books, how to play soccer, soccer game) Soccer: Soccer Strategies: The Top 100 Best Ways To Improve Your Soccer Game (The Best Strategies Exercises Nutrition & Training For Playing & Coaching The Sport of Soccer) Coaching Soccer: The Official Coaching Book of the

Dutch Soccer Association Coaching Youth Tennis - 4th Edition (Coaching Youth Sports Series) Coaching Youth Cricket (Coaching Youth Sports) Coaching Youth Wrestling - 3rd Edition (Coaching Youth Sports Series) Coaching Youth Football-3rd Edition (Coaching Youth Sports) Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports) Coaching Youth Tennis - 3rd Edition (Coaching Youth Series) Coaching Youth Gymnastics (Coaching Youth Sports) Coaching Youth Hockey - 2nd Edition (Coaching Youth Sports) The Complete Book of Coaching Youth Soccer Coaching Climbing: A Complete Program for Coaching Youth Climbing for High Performance and Safety (How To Climb Series) Life Coaching: Complete Blueprint to Becoming a Powerful Influential Life Coach (Life coaching, Life improvement, positive thinking, coaching, better leadership, goals, consulting) The Baffled Parent's Guide to Coaching Youth Soccer Coaching Youth Soccer-5th Edition Coaching Outside the Box: Changing the Mindset in Youth Soccer (Volume 1) The Baffled Parent's Guide to Coaching Youth Soccer (Baffled Parent's Guides) Survival Guide for Coaching Youth Basketball: Only the Essential Drills, Practice Plans, Plays, and Coaching Tips! Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life)

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